

Recovery Center

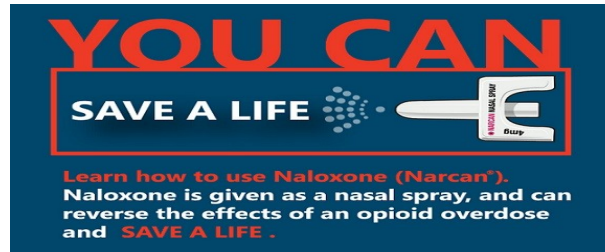
At Stay'n Out Recovery Center, our mission is to stand alongside you and help build community. Connecting you with accessible supports and resources for individuals and families in recovery. Stay'n Out is committed to assisting you in your recovery journey wherever it may lead.

Our peers will work with you and support you to overcome barriers that get in the way. Our mission also encompasses the uplifting and strengthening of Brownsville and its surrounding neighborhoods with respect, compassion, and hope. Embracing the beautiful journey of recovery can and will improve your quality of life!

At Stay'n Out you will find compassion and empathy with a focus on your recovery. A safe space to sit and be listened to, and assisted by peers, helping you to develop a personalized plan for your recovery. Peers with lived experience who can guide you through the ups and downs of recovery.



RCOC's mobile van offers Recovery Centered Transportation Services **by appointment only**. This helps to eliminate the barriers to service and increases overall access to care for all our participants in the Borough of Brooklyn.



NARCAN TRAINING



ONE-ON-ONE PEER MENTORING



ALL SERVICES & ACTIVITIES ARE FREE

- ◆ Family Education/Supports
Substance Abuse & Recovery Education
Partners in Parenting (PIP)
- ◆ Health & Wellness
- ◆ Peer 2 Peer Support
- ◆ Social Activities
- ◆ Community Seasonal Outings
- ◆ Recovery Community Tournaments
- ◆ Vocational Services
Computer Lab
Resume Building & Writing
Volunteers/Interns

What is Health & Wellness?

World Health Organization defines it as "a state of complete physical, mental and social well-being, not just the absence of disease."

RCOC embraces this definition and works to provide recovery services that see and support the whole person. We focus on helping individuals create a unique plan that truly fits their needs and supports every step of their recovery journey and ongoing recovery management.



What are Peer Services?

Peer services offer support to you as you are dealing with challenges such as substance abuse, mental health concerns, or life stressors such as homelessness, food insecurity, unemployment or financial struggles. This kind of connection helps you to feel empowered to work toward realistic and personalized recovery goals.

Peers are trained and certified specialists who use their own experiences to guide and support you. They help people find and connect with the recovery resources they are seeking.

For More Information:

Recovery Center
1665 Pitkin Ave
(Entrance on Chester 2nd Floor)
Brooklyn NY 11212

Tel: (718) 764-6789 Fax: (718) 764 -6791
www.staynout.org



New York Therapeutic Communities, Inc.

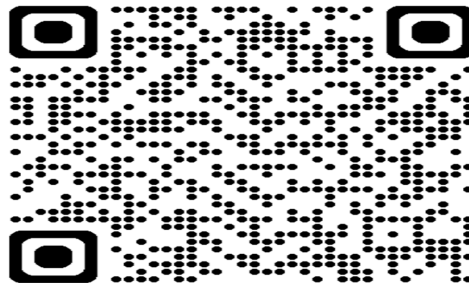
...contributing to a Better Tomorrow!

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Hours of Operation:
Monday through Friday
9 am to 5 pm



Stay'n Out

Recovery Community Outreach Center



New York Therapeutic Communities, Inc.

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