SERENDIPITY PROGRAMS

Serendipity I (for men)

2071 Fulton Street

(Near Rockaway Avenue) Brooklyn, New York 11233

Tel: 718-398-0096 Fax: 347-770-8654 Cesar Sosa, CASAC-G

Senior Director of Residential Services

Serendipity II (for women)

944 Bedford Avenue (Between DeKalb Avenue and Willoughby Street) Brooklyn, New York 11205 Tel: 718-802-0572

Fax: 718-802-9885
Lisa Alexander, Director

Susan Greaves, Asst. Director

Brooklyn Outpatient Program

2071 Fulton Street (Near Rockaway Avenue) Brooklyn, New York 11233

Tel: 347-770-8650 Fax: 347-770-8649 Susan James, Director

Queens Outpatient Program

162-24 Jamaica Avenue, Lower Level (*Entrance on Guy Brewer Boulevard*) Jamaica, New York 11432

Tel: 718-657-2021 Fax: 718-657-0299

Barry Ackerman, Director

Center Of Treatment Innovation (COTI)

1665 Pitkin Avenue (Entrance to Building is on 1667 Chester Street) Brooklyn, NY 11212

Tel: (718)764-6789 Fax: (718)764-6791 **Jason Taylor, Director**

Who is eligible?

You must be at least 18 years of age and eligible for Medicaid. Referrals and walk-ins are accepted.

What can you expect in the programs?

You will be living in a community of adults participating in job functions to ensure the smooth operation of the facility. You will be expected to know and follow all program rules and procedures. Treatment activities and services include:

- Weekly individual counseling sessions with your primary counselor
- Group therapy and workshops on topics such as: Relapse Prevention, Job Readiness, Parenting Skills, Stages of Change, Anger Management, Conflict Resolution, Life & Wellness, Nicotine Awareness and Socialization Skills
- We provide referrals for education / vocational and job-readiness programs.
- We also offer Vivitrol (MATS), and Medical / Psychiatric services as needed (off-site).

How long are our programs?

Residential: 9-12 months depending on your progress, treatment needs and fulfillment of any mandates from your referring agency. (We implement modified treatment plans based on need and offer a 6 month support program that is available for all successfully completed clients).

Outpatient Services: 6-9 months on a scheduled basis for those clients deemed <u>not</u> in need of our full residential services. However, they provide most of the services offered by our residential sites. Sliding scale fees also available.

What do our facilities offer?

All of our facilities have very attractive features and amenities including:

- Handicapped-accessible
- Single and bunk beds
- Fully-equipped exercise room
- Barber shop / beauty salon
- Computer room
- Full-service kitchen and dining area
- Outside patios and indoor lounges
- Multiple flat screen televisions
- Extensive therapeutic recreational activities

Admissions

Please contact the facility that <u>best</u> meets your needs for admission.

Ser-in-dip-i-ty

A noun meaning good luck in making unexpected and fortunate discoveries

Our name **Serendipity** is derived from the Persian myth of the 3 Princes of Serendip ca.1754 who traveled far and wide in search of items of value for the kingdom. They often returned with items of greater value than those being sought. Hence, the "unexpected discovery" part of the definition. For our agency, having clients enter the program, and through a clinical process, change their lives for the better, is what Serendipity is all about!

The Stay'n Out Programs - NYTC, Inc.

Mission Statement:

Our mission is to help program participants effect those changes in attitude and behavior that will enable them to make choices associated with a healthy, positive lifestyle free of crime and drugs.

NYTC, Inc. opened its Stay'n Out Programs in 1977 with a male program at the Arthur Kill Correctional Facility in Staten Island and a female program at the Bayview Correctional Facility in Manhattan.

The Stay'n Out programs pioneered the concept of beginning therapeutic community treatment while the client was incarcerated and continuing in the community upon release from prison. The in-prison Stay'n Out programs operated for 31 years until the New York State fiscal crisis of 2008. This model was researched from inception showing a 77% success rate based upon a 5-year follow-up study conducted by NDRI (Wexler, Lipton, et. al., 1992).

Serendipity - Community-based residential and outpatient programs have continued as the bridge for a healthy transition back to the community and serve as a primary role as an Alternative To Incarceration (**ATI**).

The programs have proven to be highly effective and the model has been adopted nationally and internationally with thousands of successful graduates that have become law abiding, tax paying members of society.

Partner Agencies: NYC Department of Education NYS ACCES-VR

ACCES-VR funds vocational training programs for those with disabilities. The **EPRA** job-readiness program in Manhattan works with Serendipity to evaluate our residents for and coordinates with the ACCES-VR counselors.

Brooklyn Community Recovery Center provides classes and other services to our residents.

Project Renewal provides culinary arts training.

5th Avenue Committee offers cable installation, woodworking, CDL and production assistant training.

HOPE Program offers training in the grocery business.

FedCap offers custodial maintenance training.

APEX provides plumbing, electrical, HVAC and automotive mechanic training.

Exponents and **Workforce One** are additional partners with Voc-Ed.

Some of our other partnerships are with criminal justice and philanthropic organizations, e.g.: The Federation of Protestant Welfare Agencies, NYTCA, WFTC, ASAP, TASC, Treatment Court, Bronx Forensic Link, CASES, NYS Parole, US Probation, NYC Probation, Brooklyn Mental Health Court, NADAP, and TCA National.

Stay'n Out Programs





Administrative Office:

New York Therapeutic Communities, Inc. 266 West 37th Street, 21st Floor New York, New York 10018 Tel: (212) 971-6033; Fax: (212) 244-6796 www.staynout.org

Sandeep Varma, President / CEO svarma@staynout.org

State Funding Source: OASAS (NYS Office of Alcohol and Substance Abuse Services)